

CHESTON FARM EQUESTRIAN CENTRE FACT SHEET

Autumn /Winter '09-10

Thank you for enquiring after riding lessons at Cheston Farm Equestrian Centre on our team of riding school horses and large ponies. We hope this fact sheet will help you decide whether riding with us is the sport for you and prepare you for the amazing journey of learning to ride horses, should you choose to spend time with us at Cheston.

Our Ethic: We take a holistic approach to teaching specialising in adults and the seriously committed youngster (minimum age 8). Our yard is peaceful, ideal for enjoyment of your leisure time and very horse friendly!

Our intention : To prepare you for a lifetime of enjoying horses, perhaps being a horse owner yourself one day. We will train you to understand horse psychology, be able to influence and understand your horse through body language and through your skills both in handling equipment and whilst in the saddle. This translates to practical skills such as getting to know the horses, being assertive around the horse on the ground, able to groom and saddle up your horse, lead your horse in walk and trot and be confident adjusting your equipment – all whilst under the supervision of our qualified staff and owner/manager Sophie Osborne BHSI Int SM. You will be 'horse wise' both in and out of the saddle and learn to feel at home around these big beautiful creatures!

Please note: We are seriously passionate about teaching the correct and essential principles of riding and horsemanship whilst making the experience relaxing and fun. Beginner riders must commit to regular weekly bookings in order to progress past the basics. Sorry, we only offer treks and hacks to customers well known to us as competent.

All new customers*: Must attend a one to one registration/assessment session of an hour. When you book, we will give you further information on what we offer and what to expect. A 1 hour registration / assessment session – costs £35. You will ride for approx 45mins. Please phone: Sophie to book on 01364 649461 (after 7pm) or 07977 588 754

Who can ride: Adults and children age 8+. Our weight limit is 13 stone.

When can I ride? We are closed Tuesdays. Our weekday hours are flexible between 9am and a last lesson usually at 6pm. We offer one late night group lesson per week. Weekends are 10-5pm.

Price List:

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| • Compulsory private new rider registration/assessment lesson | £35 |
| • 1 hour private lesson/instructional hack | £40 |
| • 1 hour semi-private lesson - 2 riders | £30 |
| • 1 hour group 3-4 riders / hack (for known riders only) | £25 |
| • 2 hour Private Ride & Care session (incl 1hr preparing/caring for your horse before riding) | £50 |
| • 2 hour Group Ride & Care session (incl 1hr preparing/caring for your horse before riding) | £35 |
| • 2 hour plus hacks (Moor explore and canter hacks for known riders only) | POA |
| • Exam training (up to BHS Stage 3) / Exam Assessment with visiting BHSI | POA |
| • Cheston Careers Club (14 years +) | POA |

LESSONS FOR CHILDREN: Age minimum 8 up to 12 years old

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| 2 consecutive half hour lessons for friends/siblings able to share the same horse | £40ph |
| ¾ hour private lessons | £30 |

Need more information?: We have further joining instructions available or please call us to enquire.

We look forward to hearing from you soon

Andrew & Sophie Osborne, Cheston Farm EC. www.chestonfarm.co.uk